

Review paper





# APPLICATIONS AND CHALLENGES OF AI-ENABLED HUMAN RESOURCE MANAGEMENT

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#### Abstract:

The "Intelligence+" initiative emphasizes the deep integration of artificial intelligence with multiple scenarios and processes across various industries, driving industry transformation and development through technological empowerment. Under the current "Intelligence+" paradigm, artificial intelligence presents both unprecedented opportunities and challenges for human resource management. In this context, companies should seize opportunities and adopt effective strategies to fully leverage Al's (Artificial Intelligence) technological advantages and continuously improve HR (Human Resources) management efficiency. This paper conducts an in-depth analysis of the challenges and opportunities that artificial intelligence brings to human resource management and proposes corresponding application strategies and methods, aiming to provide valuable insights for the intelligent transformation of HR management.

#### Keywords:

artificial intelligence, human resource management, technological empowerment.

#### 1. INTRODUCTION

Amid the wave of digital transformation, artificial intelligence, as a core technology driving productivity revolution, is profoundly reshaping human resource management models. According to the "2025 China Enterprise AI Application White Paper," more than 68% of leading enterprises have deployed AI tools in HR domains, covering key areas including recruitment, compensation, and performance management (World Economic Forum, 2025). From a technological evolution perspective, AI has progressed from rule-driven automation to data-driven predictive analytics and is gradually advancing toward cognitive intelligence.

International research on artificial intelligence in human resource management has been conducted extensively. Ouyang (2023) explored the extent to which AI can substitute for traditional human resource management functions, providing foundational perspectives on the strategic value of AI in HR management and proposing that data-driven HR management requires clear development directions to enhance HR leadership capabilities and provide critical support for organizational success. Peng (2023) analyzed the impact and challenges of new generation artificial intelligence on organization and human resource management, indicating that AI applications can enrich information retrieval functions through scientific computing methods and mathematical modeling to simplify massive information processing, ultimately bringing opportunities to enterprises.

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Zhao and Chen (2023) examined innovation in human resource management in the digital economy era, revealing the integrated role of AI in solving human resource management problems and its ability to provide more objective and intelligent decision-making foundations. Huang *et al.* (2023) discussed the transformation and development of human resource management in the era of artificial intelligence, demonstrating that AI recruitment management products can improve recruitment efficiency, representing specific technical application practices of AI in recruitment processes. Finally, Chen (2023) explored how digital transformation of human resource management impacts enterprise performance, proposing research directions to address the impact of technological advancement on HRM practices and promote status quo improvements.

Domestic research in China has also made significant contributions. Luo (2025) proposed innovative development strategies of human resource management in the era of artificial intelligence, suggesting that small and medium enterprises can achieve low-cost applications through third-party AI service platforms while emphasizing attention to service stability from technology suppliers. Zhang (2025) examined digital transformation of human resource management under the background of digital economy, pointing out basic AI applications in HR such as intelligent recruitment and attendance, emphasizing the need to balance efficiency with employee experience and avoid "mechanization" in management due to technology application. Cui (2025) focused on practical strategies for digital economy empowering human resource management, emphasizing the need to enhance HR-AI collaboration capabilities through technical training. Earlier domestic studies have also discussed AI applications in HR from a technical implementation perspective, using manufacturing enterprises as examples to demonstrate how AI can reduce labor costs through optimized scheduling systems.

Therefore, based on research achievements in AI applications in HR over the past five years, combined with latest research and application practices, this paper systematically explores AI application status, practical challenges, and optimization paths in HRM, providing theoretical reference and practical guidance for the AI transformation of human resource management.

# 2. LITERATURE REVIEW

#### 2.1. AI INTEGRATION IN CORE HR MODULES

AI applications during the HR process are primarily related to resume screening, interview assessment, personalized training and performance management.

Intelligent Recruitment and Talent Screening

The main AI applications in recruitment are resume parsing and precise matching. For instance, Zhaopin utilizes AI for resume screening, processing 100 million resumes daily through NLP technology to extract 23-dimensional features including candidate knowledge, skills, and motivation. A consumer manufacturing enterprise, after introducing Beisen AI interviewer, reduced the duration of initial interviews from 40 to 15 minutes, shortened recruitment cycles by 38.3 days, and achieved 100% four-star candidate ratios. Xiaomi applies AI computer vision technology to interview scenarios, constructing "below-the-iceberg" competency assessment models through micro-expression recognition and voice-tone analysis. An AI training system developed by a new energy vehicle brand designed more than 20 sales-scenario practice modules, increasing the three-month employee retention rate by 10% and reducing training costs by 200,000 yuan.

#### Personalized Training and Development

AI applications in HR training are gradually transforming traditional training models, bringing numerous new opportunities for enterprises and employees. Machine learning algorithms in AI analyze employee skill gaps and career objectives to automatically generate customized learning paths. For example, a manufacturing enterprise utilized knowledge graph technology to construct position competency matrices, combined with employee performance data to recommend training courses, achieving a 35% improvement in skill compliance rates. Additionally, AI significantly enriches training formats and content. In terms of format, virtual reality (VR) and augmented reality (AR) technologies create immersive training environments. For high-risk or complex operational positions such as chemical equipment maintenance and aviation flight simulation training, employees can practice repeatedly in virtual environments, avoiding actual operational risks while obtaining highly realistic experiences. In content generation, generative AI such as GPT can rapidly produce high-quality training materials including course explanations, case analyses, and simulation tests.



#### Dynamic Performance and Compensation Management

AI constructs dynamic performance evaluation models through real-time collection of multi-dimensional data including employee project participation and collaboration frequency. Midea Group integrates 12 data sources including project collaboration and customer feedback through BI technology to generate employee dynamic capability heat maps. After application in a business unit, performance calibration time was reduced by 70%, and high-potential employee identification accuracy improved to 89%. ByteDance's AI system processes parameters such as market fluctuations and technological iterations to predict key position gaps six months in advance. McKinsey's AI diagnostic tool scanned 100,000 emails and meeting records to identify hidden power centers and collaboration black holes in a multinational enterprise. Research has demonstrated how AI achieved minute-level updates of assembly position performance through production line operation data analysis, improving compensation calculation efficiency by 60% (Ouyang, 2023). Furthermore, AI can assist enterprises in developing competitive salary strategies by predicting market compensation levels.

#### 2.2. DEEP APPLICATIONS IN INDUSTRY-SPECIFIC DOMAINS

#### Hotel Service Industry

The primary AI application in the hotel industry is scenario-based human resource scheduling. Hotels can predict service peaks through AI analysis of customer reservation volumes and checkout times, dynamically adjusting front desk and housekeeping staff schedules. A hotel chain reduced labor costs by 18% and improved customer satisfaction by 12 percentage points after applying this model (Horwath HTL, 2024). Sentiment analysis technology can also identify customer emotions and automatically assign employees with matching service styles to optimize service experiences.

### Manufacturing Industry

The primary AI application in manufacturing is skilled talent management. For high-risk industries such as petrochemicals and energy, AI reduces new employee training risks through simulated operation training systems. For example, a petrochemical enterprise reduced high-risk operation accident rates by 62% using a VR and AI combined training platform (Economic Daily, 2025). Additionally, knowledge graph technology constructs expert experience repositories, facilitating the digital transfer of veteran employee skills and helping to address labor shortages in manufacturing.

# Healthcare Industry

The primary AI application in healthcare is dynamic management of hospital qualifications. Hospitals use AI-powered filing systems to monitor the validity of medical staff credentials, including practice licenses and training certificates, in real time, automatically triggering renewal reminders. After the implementation of such a system, a tertiary hospital reduced qualification expiration rates from 6.3% to 0.8%. Additionally, AI can optimize medical staff allocation and improve emergency response efficiency by analyzing department patient flow and case complexity.

#### 2.3. AI FOR STRATEGIC COLLABORATION

Peng (2023), from a science-industry community perspective, has proposed that AI can support medium- and long-term human resource planning by analyzing enterprise strategic objectives and talent gaps, achieving dynamic matching of "strategy-organization-talent". For example, a technology enterprise used AI to simulate human resource demands under different business expansion scenarios, providing feasibility analysis of talent supply to support merger and acquisition decisions and reducing strategic implementation cycles by three months. Another manufacturing enterprise used AI to analyze core process data including production, procurement, and sales, and found that delays in information transmission between the procurement and production departments extended order delivery cycles by 10%. Through integrating related positions and establishing unified information sharing platforms, order delivery cycles were reduced to 85% of their original duration, significantly improving production efficiency.



# 3. OPPORTUNITIES OF AI-ENABLED HUMAN RESOURCE MANAGEMENT

#### 3.1. IMPROVING WORK EFFICIENCY

AI can rapidly process large amounts of data and repetitive tasks, significantly saving time and effort for HR personnel. For example, chatbots like Eightfold AI can respond to candidate inquiries 24/7, schedule interviews, and reduce HR communication costs by 80%. HR service desks integrated with AI assistants like ServiceNow quickly answer high-frequency questions about attendance and benefits, freeing HR service personnel time for complex tasks. In resume screening and performance data collection, AI analyzes resume keywords, skill matching, and even predicts candidate cultural fit through natural language processing (NLP), improving initial screening efficiency by over 70%. AI can complete work in short periods that previously required significant human time investment, enabling HR personnel to dedicate more time and effort to strategic and creative work.

### 3.2. IMPROVING THE QUALITY OF DECISION-MAKING

Based on big data and advanced algorithms, AI can provide more accurate and objective foundations for HR management decisions. For example, in recruitment decisions, AI can more comprehensively evaluate candidate capabilities and potential by analyzing multi-dimensional candidate data. In performance management, through in-depth performance data analysis, AI can identify problem roots and formulate more effective improvement measures. AI can analyze behavioral data including employee overtime frequency, email sentiment, and performance fluctuations to predict employee turnover probability and provide early intervention, as demonstrated by IBM's Watson Talent system. Additionally, AI can generate personalized training plans by dynamically matching position requirements with employee skill repositories, shortening skill development cycles and ultimately creating targeted and individualized training solutions.

#### 3.3. IMPROVING EMPLOYEE EXPERIENCE

AI-enabled HR management can provide personalized services for employees and enhance employee experience. For instance, Yilu's onboarding wizard uses AI technology to quickly build onboarding processes that comply with local culture, customs, and employment markets based on headquarters standard procedures. Through AI-driven digital human interactions, new employee onboarding becomes more personalized. AI can generate CEO digital welcome videos from a single photo, allowing new employees from different countries to feel valued without language barriers. It can also provide comprehensive guidance in the local language, enhancing the onboarding experience and improving employee retention rates. Natural language processing-based systems like Tencent HR Assistant and Alibaba Cloud Intelligent Customer Service can respond to employee inquiries about compensation, attendance, and benefits 24/7 with over 90% accuracy (Tencent Cloud, 2025).

#### 4. CHALLENGES OF AI-ENABLED HUMAN RESOURCE MANAGEMENT

#### 4.1. DATA PRIVACY AND ETHICAL ISSUES

Although AI brings numerous conveniences to HR management, it faces prominent privacy protection and ethical compliance issues in employee data processing. Specifically, AI requires large amounts of personal data when analyzing employee information, potentially raising data security risks and concerns about employee privacy rights infringement. For example, McDonald's AI recruitment platform McHire, a global chain, failed to promptly change the default password "123456", resulting in hackers obtaining the information of 64 million job seekers (including names, addresses, and personality test results) (Tech Radar, 2025). According to Data Protection Law and Personal Information Protection Law regulations, enterprises must strictly comply with compliance requirements when collecting, storing, and utilizing employee personal information to protect data subjects' legitimate rights. Additionally, AI may exhibit algorithmic bias or discrimination in recruitment screening and performance evaluation, placing greater demands on corporate ethical governance. Therefore, enterprises must establish strict data privacy protection policies and ethical guidelines when using AI, ensuring that technology applications remain lawful and compliant.



## 4.2. FAIRNESS AND TRANSPARENCY ISSUES

AI system decision-making processes are typically not transparent, making it difficult for employees to understand or accept results. If systems contain errors, they may lead to unfair decisions that harm employee rights. For instance, implicit exclusion problems in recruitment scenarios, where an enterprise's AI system trained on historical recruitment data automatically associates "male" and "prestigious university background" labels with "high competency," filtering out female or non-prestigious university candidates. Similarly, cases have been reported where AI systems analyze "research impact" based on limited metrics but fail to include comprehensive evaluation indicators, leading to controversial results focused on fairness issues. Another example involves company employees being denied promotion based AI assessments indicating "insufficient team collaboration ability," but the intelligent system could not specify which project collaboration resulted in point deductions, ultimately causing employee dissatisfaction and raising concerns about decision validity and fairness.

#### 4.3. Employee Acceptance of Al

AI-driven promotions and applications often encounter challenges related to employee acceptance. Employee acceptance directly affects the effectiveness and success of AI applications. Some employees worry that AI will replace their jobs or cannot understand AI decision-making processes, leading to resistance. Zhao and Chen (2023) found that a significant proportion of employees are concerned that AI will replace HR positions such as recruitment specialists and payroll administrators, while others believe that AI-based performance evaluations could overlook "soft skills", including communication abilities. For example, a manufacturing enterprise introduced an AI behavioral monitoring system using cameras to identify employee operational compliance, but employees developed resistance due to "feeling constantly monitored" and even deliberately slowed work pace. An internet company used AI to analyze employee email communication frequency, identifying individuals with "low social activity", Marked employees reported feeling that their "work autonomy was stripped", which deteriorated the team collaboration atmosphere.

#### 5. PATHWAYS TO ADDRESS AI-ENABLED HR MANAGEMENT CHALLENGES

#### 5.1. OPTIMIZING AI ALGORITHM DESIGN AND DATA GOVERNANCE

Addressing algorithmic bias requires implementing robust fairness and transparency measures. Third-party institutions can conduct comprehensive bias detection on AI models, examining whether recruitment algorithms exhibit gender or age discrimination while ensuring decision logic remains traceable. Organizations must proactively explain AI system decision-making foundations to employees to mitigate distrust caused by "black box effects." When enterprises use AI for salary adjustments, visualization tools can effectively demonstrate algorithm weight allocation for dimensions such as "position value" and "performance contribution," helping employees understand the underlying decision-making logic.

Data security and privacy protection demand equally rigorous attention. Organizations must strictly comply with Personal Information Protection Law during data collection processes, clearly defining employee data usage scope while avoiding excessive collection of sensitive information such as biometric features and medical records. Block-chain technology offers promising solutions for storing employee data with hierarchical permission control, where HR departments access only basic information while management requires approval for sensitive data access, effectively preventing information leakage.

#### 5.2. CONSTRUCTING HUMAN-AI COLLABORATIVE MECHANISMS

Successful AI implementation requires clearly defined responsibility boundaries between AI systems and HR service providers. Organizations should establish comprehensive AI application scenario lists, where AI systems handle data screening while HR workers manage critical decisions, ensuring that AI does not replace human-centered communication scenarios. Implementing "human review" mechanisms becomes crucial, where HR workers or department supervisors conduct secondary reviews after AI generates decision recommendations, preventing misjudgments caused by algorithmic errors. The ultimate objective involves positioning AI as an "auxiliary tool" rather than "final decision-maker," maintaining human oversight for critical processes.



The transformation of organizational culture plays a crucial role in the successful adoption of AI. Through internal training and case sharing, organizations can demonstrate how AI helps HR workers save routine work time for greater focus on employee development, thereby reducing employee resistance to AI. Encouraging employee participation in AI system optimization creates valuable opportunities to collect feedback on AI tool usage, iteratively improve system functions, and enhance employee engagement. Cross-functional teams including technology, legal, employee representatives, and HR workers can participate in AI system development, identifying potential biases from multiple perspectives.

#### 5.3. ESTABLISHING ETHICAL FRAMEWORKS FOR AI APPLICATION

Organizations must develop comprehensive ethical guidelines for AI applications that address potential privacy and fairness concerns. These guidelines should explicitly prohibit AI use for employee emotion monitoring, such as analyzing employee satisfaction through email tone analysis, or evaluating employee performance based on personal preferences rather than established behavioral principles. Ethical review committees composed of HR, legal, and technical experts can conduct thorough assessments of newly introduced AI tools, with evaluation criteria to determine whether AI applications pose discrimination risks and ensure compliance with industry standards.

Employee rights protection mechanisms require systematic implementation. Organizations should establish clear AI decision appeal channels where employees can challenge AI system or tool-generated results, with HR departments intervening for investigation and appropriate adjustments. These protection mechanisms must be incorporated into labor contract clauses, clearly defining AI tool usage scope and data-sharing methods. They should explicitly state that AI tool usage cannot infringe employee privacy or exacerbate inequality among employees, institutionally preventing legal disputes caused by AI system loopholes.

#### 5.4. ENHANCING EMPLOYEE AI SKILLS AND COMMUNICATION TRUST

Comprehensive AI literacy training programs should accommodate varying employee backgrounds and experience levels. Basic training modules help employees understand AI tool functions and operational procedures, reducing resistance due to operational barriers, particularly among older employees. Advanced training programs provide HR teams with courses on algorithmic principles and data interpretation, enabling better collaboration with technical teams to optimize AI systems. Employee training in AI serves both as the foundation for AI tool application and as a guarantee for smooth implementation.

Bidirectional communication and feedback mechanisms prove essential for sustainable AI adoption. Current AI tool and system applications across various enterprises demonstrate that implementation faces ongoing challenges despite extensive preliminary preparation, with continued employee questioning and rejection. Organizations should regularly communicate the effectiveness of AI tools to employees, presenting concrete data that demonstrate improved work efficiency, enhanced evidence-based decision-making, and increased decision accuracy to strengthen employee trust in AI applications. Collecting employee concerns through questionnaires and direct communication channels enables organizations to develop targeted optimization plans based on personalized feedback and requirements.

#### 5.5. CONSTRUCTING INDUSTRY AND POLICY COLLABORATIVE ECOSYSTEMS

AI-enabled HR management requires coordinated advancement across multiple industries and stakeholders. Promoting industry standards and regulatory implementation involves active participation in formulating application standards for AI-enabled HR management. Industry associations can lead development of HR management AI system fairness evaluation standards, establishing unified requirements for algorithmic auditing and data compliance. Compliance pilots in industries with deep AI applications, such as finance and manufacturing, can require enterprises to regularly submit AI tool fairness detection reports.

Cross-industry collaboration through alliances creates opportunities for shared learning and continuous improvement of AI-enabled HR management practices. Organizations can benefit from sharing algorithmic optimization cases, such as instances where enterprises reduced regional discrimination by adjusting geographical weights in recruitment algorithms. Academic partnerships with universities conducting AI research provide valuable opportunities for collaboration on AI ethics research, practical scenario development, and institutional guarantee research, offering both technical support and strategic decision-making references for enterprises navigating AI implementation challenges.

# 6. CONCLUSION

In the digital economy era, artificial intelligence brings unprecedented opportunities and challenges to human resource management, not only improving HR management efficiency but also driving HR management transformation. However, technology adaptability, data privacy, and ethical issues remain important challenges for organizations. When introducing AI technology, enterprises must carefully consider its social and moral impacts and adopt effective measures to address potential challenges, seeking dynamic balance between efficiency and fairness, innovation and ethics, making AI a fulcrum for organizational vitality rather than a constraint on humanity.

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